



LinkedIn

Better dreams for better teams.

We provided LinkedIn employees with Hatch Restore, the Smart Sleep Assistant that's the ultimate bedside night light, reading light, sound machine, and sunrise alarm in one. Hatch Restore helps thousands of people fall asleep faster, sleep through the night and wake up refreshed. At the end of an 8-week pilot period, we surveyed the LinkedIn employees who had incorporated Hatch Restore into their daily routines and measured progress in weekly surveys. The surveys uncovered some compelling insights.

8

Weeks using Hatch Restore

100

LinkedIn employees

5.2

Nights per week using Hatch Restore

Hatch Restore Smart Sleep Assistant



Personalize a routine to help you fall asleep, stay asleep & wake up refreshed



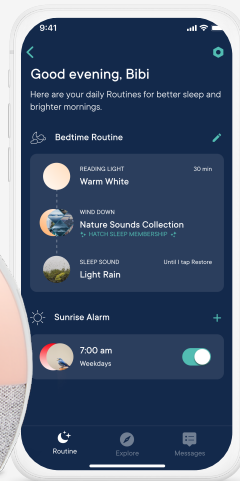
Relax with a soft-glow reading light without the eye-straining blue hues



Enjoy wind-down content that prepares your mind & body for sleep



Gently wake to a custom Sunrise Alarm that supports healthy cortisol levels

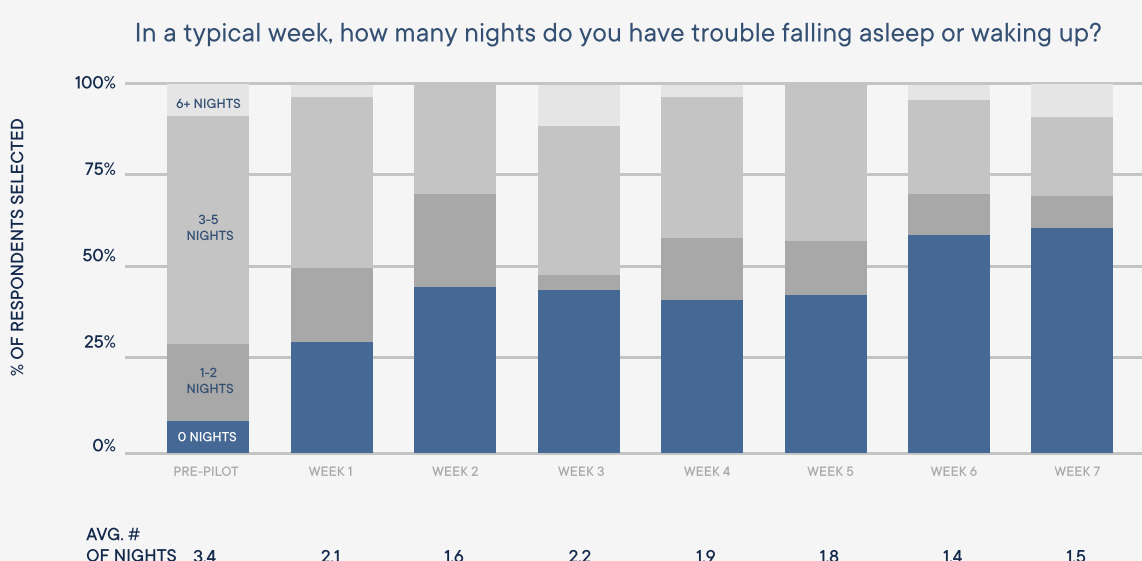


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Helping employees improve their sleep has always been a goal of ours. Hatch for Work provided just what we needed, delivering real sleep improvements for our employees which weaved in well with our mindfulness initiatives. The Hatch team made it super easy to set up and our employees love it!

-MICHAEL SUSI, DIRECTOR GLOBAL WELLNESS AT LINKEDIN

Employees saw an average of 2 fewer nights per week with sleep challenges*



LinkedIn employees reported beneficial outcomes beyond sleep

25%

reported better concentration or focus

23%

reported more energy for exercise

70%

saw some improvement in overall mood and emotions

26%

reported an increase in feeling well rested

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Hatch has completely changed my sleep quality and routine!

-LINKEDIN PROGRAM PARTICIPANT

SCHEDULE A DEMO